

# Open Dialogue UK

## Foundation Training 2017

**For NHS and other mental health teams, peers and independent practitioners**



We are delighted to announce our next **foundation training** in the Open Dialogue approach. This programme has been developed over the past 8 years by **Volkmar Aderhold** and others, based on extensive clinical and training experience in public services in many countries and several visits to study the Open Dialogue service in Western Lapland. It provides a thorough grounding in the practice of facilitating Open Dialogue network meetings.

Our first foundation training commenced in London in 2016 and attracted mental health professionals and teams from 7 NHS trusts, as well as teams from other public mental health services, nationally and internationally, independent practitioners and peers. This training has also been at the heart of the **Parachute Project in New York City**. Clinicians and peers working in mobile crisis teams and respite centres across four boroughs have undertaken the training.

We are very pleased to welcome back Volkmar Aderhold and Petra Hohn, along with trainers from Western Lapland, and also Richard Armitage and Jaana Castella, who have been leading trainings in the Open Dialogue approach in Denmark for the past 10 years.

This training programme will take place in **London** and will consist of **20 days** over the course of **2017-18**, divided into **5 blocks of 4 days** (see over for dates). The training days will consist of a mixture of presentations on theory and practice, group discussions, and roleplays, where trainees will gain considerable experience of practising the keys elements of dialogical work. Theory and practice are well integrated such that learning is embodied as well as conceptual. **See over for more information on the content of the programme and for details of how to apply.**

## Topics covered include

- Need adapted treatment and the Open Dialogue model
- Social network map
- Network meetings
- Reflecting and reflecting teams
- Network meetings in crisis situations
- Network meetings with psychotic crises
- Key elements of Open Dialogue practice
- Peers in a network meeting
- Circular questioning
- Anticipatory questions
- Crisis planning with the social and professional network
- Dealing with clients' fear about network meetings
- Dealing with one's own fear about network meetings
- Risk evaluation in the course of a network meeting
- Families with children
- Secrets in families
- Violence in families
- Forms of supervision
- Ways to deepen your own practice

## Dates for Training in 2017

28 June - 1 July  
20 - 23 September  
22 - 25 November  
2018 dates TBC

## Training Fees

£3250 per person

## About Open Dialogue UK

Open Dialogue UK was established in 2013 to promote the development of the Open Dialogue approach from Finland. Over the past 3 years we have been running seminars and trainings across the UK, which have been led by international experts on the approach. Over 150 people attended our weekend seminars in the spring of 2014, including staff from 25 NHS trusts, and several other trusts were represented at our summer seminars in June 2015 and at our 2016 Conference, which attracted 600 people.

We have now established the **first full training in the Open Dialogue approach** outside of Finland, as well as a foundation training programme. We are working towards the establishment of a centre in London for dialogue, practice and training, where a variety of approaches will be represented.

## How to apply

For further details, and to apply for this foundation training, please visit our website, or contact us using one of the methods below. The **deadline** for applications is **Friday 31 March 2017**.

We are prioritising applications from **NHS trusts**, but also welcome team applications from national and international organisations, independent practitioners and peers.

## Contact Details



[www.opendialogueapproach.co.uk](http://www.opendialogueapproach.co.uk)



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