

# Open Dialogue UK

## Full 3 Year Training 2017

**For NHS and other mental health teams, peers and independent practitioners**



We are delighted to announce our second full 3 year Open Dialogue training programme, which is based closely on the Open Dialogue training programme in Western Lapland. It will commence in London in **May 2017**. The programme will be led by **Jorma Ahonen**, **Jaakko Seikkula**, senior members of the Open Dialogue team from Lapland, and other trainers who are leading the development of the approach internationally – please see our website for more details on the training faculty. Some of these very experienced trainers are coming towards the end of their career, so this is a unique opportunity to be with and learn from them.

Our first three year training programme commenced in London in April 2015 and attracted mental health professionals and teams from **five NHS trusts**, as well as teams from several international public mental health services, independent practitioners and peers.

This 3 year training is at the heart of the Open Dialogue service in Western Lapland. Around 90% of the staff there have undertaken the training, and it's considered to be the most significant factor in the success that has been achieved in the service.

This training programme will take place in **London** and will consist of **60 training days**, divided into **4 blocks of 5 days per year** (see over for dates for Year 1). The training will consist of a mixture of theory, family of origin and supervision days, reading, study groups, and clinical experience (300 hours of experience of facilitating network meetings is the minimum requirement). Theory and practice are well integrated such that learning is embodied as well as conceptual. **See over for more information on the content of the programme and for details of how to apply.**

## Training Structure

**25 theory and practice days:** Short presentations, discussions about the literature on the reading list, reflective conversations, experiential learning and roleplays.

**22 supervision days:** Live and filmed network meetings in small groups.

**13 family of origin days:** Trainees will explore their own family background in small groups.

**In addition to this** there will be 3 days of work in study groups per year, around 400 pages of reading per training block, and time allocated for writing, including a thesis.

**Reading material** will include articles and books on the Open Dialogue approach, as well as approaches that have had a significant influence on Open Dialogue (i.e. Gregory Bateson, Systemic Family Therapy, Network Therapy, the work of Tom Andersen, Collaborative Therapy, Narrative Therapy, Social Constructionism, Bahktin and other dialogical approaches).

## About Open Dialogue UK

Open Dialogue UK was established in 2013 to promote the development of the Open Dialogue approach from Finland. Over the past 3 years we have been running seminars and trainings across the UK, which have been led by international experts on the approach. Over 150 people attended our weekend seminars in the spring of 2014, including staff from 25 NHS trusts, and several other trusts were represented at our summer seminars in June 2015 and at our 2016 Conference, which attracted 600 people.

We have now established the **first full training in the Open Dialogue approach** outside of Finland, as well as a foundation training programme. We are working towards the establishment of a centre in London for dialogue, practice and training, where a variety of approaches will be represented.

## How to apply

For further details, and to apply for the 3 year training programme, please visit our website, or contact us using one of the methods below. The **deadline** for applications is **Monday 31 January 2017**.

We are prioritising applications from **NHS trusts**, but also welcome team applications from other national and international organisations, independent practitioners and peers.

## Dates for Training Year 1

24 - 28 May 2017

27 September - 1 October 2017

4 - 8 December 2017

21 - 25 February 2018

## Training Fees

£3590 per person per year\*

\* We are working towards accreditation of this training which may affect the final fee.

## Contact Details



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